



IBFAN Africa

2010 IBFAN - DUATLONE

**2010
RIDE -RUN FOR A CHILD.**

ENTRY FORM !

Indemnity and waiver

With regards to my participation in this event.

I undertake to participate entirely at my own risk. I agree that I shall have no claim whatsoever against the organizers, officials, marshals, helpers, sponsors, Malkerns Country Club, or staff/management or any local authority or employee of aforementioned parties, for any loss, damage or injuries whatsoever which I may suffer as a result of my participation in this event, including my arrival and departure there from and any ceremonies as a result of this function, and I accept responsibility for my own health insurance. In the event of my signing this form as a guardian of a minor, I am bound by the above waiver including to the extent to which he/she is not capable of waiving his/her rights stipulated above.

PARENT OR GUARDIAN TO SIGN IF CYCLIST IS UNDER 18 YEARS OF AGE.

Signature of parent/guardian:.....

Date:..... SEX-Team:.....

Name: 1..... 2.....

TICK CORRECT BOX.

CATEGORY: 5 - 10YRS 11 - 14YRS 15 - 18YRS

CONTACT NO(EMERGENCY):.....

T-SHIRT SIZE: (S)..... (M)..... (L)..... (XL).....

DOCTOR & NUMBER:..... ALLERGIES.....

E-MAIL ADDRESS:.....

SIGNATURE:.....

NO HELMENT - NO RIDE

IBFAN - SINAN



IBFAN Africa

2010

RIDE - RUN FOR A CHILD.



See you there!



SATURDAY 20TH MARCH

PRIZE MONEY !

LUCKY DRAW..

CALLING ALL KIDS, COME JOIN IN THE FUN, AND SAVE A LIFE OF A CHILD

VENUE	: MALKERNS CLUB
DATE	: SAT 20TH MARCH 2010
TIME START	: 9-00AM
REGISTRATION	: FROM 7-00AM SATURDAY MORNING.
ENTRY FORMS	: AVAILABLE FROM ADVENTURE SPORT OR IBFAN OFFICE
FEE	: E20 5 - 10yrs - walk/run 2km or cycle 5kms
	: E30 11 - 14yrs - walk/run 3km or cycle 10kms
	: E40 15 - 18yrs - walk/run 5km or cycle 15kms
TROPHIES	: TO 1ST 3 WINNERS IN EACH CATEGORY
MEDALS	: TO OFFICIAL FINISHERS

IBFAN Africa
Dlanubeka Bulding
Mbabane
Tel: 404 5006

Adventure Sports
Industrial Site
Mbabane
Tel: 404 5006



SWAZIBOY ENTERTAINMENT- DJ TEMPT

EDUCATION & DANCE

Sponsors: Expertype, Kobla Quashie & Associates, MTN, PC System, Real Image, Standard Bank, Swazi TV, SBIS and Times Of Swaziland